

Limieten G-zwemmers - 2026
Flanders Swimming Cup
(Open) Belgische kampioenschappen



		S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14
50M FREESTYLE	MEN			00:52,11	00:41,71	00:38,27		00:33,84		00:30,92	00:29,29	00:31,12		00:28,59	
	WOMEN				00:45,61		00:40,92		00:37,71		00:34,25	00:35,97		00:32,97	
100M FREESTYLE	MEN				01:37,38	01:24,17	01:18,47		01:09,69		01:03,68		01:02,28		
	WOMEN			01:53,42		01:35,61		01:25,69		01:17,24	01:13,59		01:10,55		
200M FREESTYLE	MEN		04:55,24	03:57,18	03:17,68	03:04,74									02:21,31
	WOMEN					03:25,48									02:38,45
400M FREESTYLE	MEN						05:56,41	05:31,53	05:12,10	04:59,89		05:19,86		04:44,27	
	WOMEN						06:13,96	06:04,09	05:43,84	05:33,20	05:19,56	05:50,62		05:11,32	
50M BACKSTROKE	MEN	01:24,26	01:08,69	00:58,97	00:54,32	00:46,43									
	WOMEN		01:15,82	01:08,29	01:00,74	00:55,36									
100M BACKSTROKE	MEN	02:39,53	02:13,21				01:29,70	01:24,17	01:20,23	01:15,87	01:12,68	01:19,48	01:09,46	01:07,89	01:13,24
	WOMEN		02:32,79				01:39,82		01:33,69	01:27,15	01:21,77	01:31,13	01:20,51	01:19,25	01:21,69
50M BUTTERFLY	MEN					00:41,78	00:38,42	00:37,34							
	WOMEN					00:53,52	00:44,30	00:43,10							
100M BUTTERFLY	MEN								01:10,40	01:09,32	01:06,34	01:10,63	01:04,71	01:04,55	01:07,05
	WOMEN					02:15,79	01:37,89	01:34,41	01:23,45	01:20,27	01:17,63			01:14,90	01:19,52
		SB2	SB3	SB4	SB5	SB6	SB7	SB8	SB9	SB11	SB12	SB13	SB14		
50M BREASTSTROKE	MEN	01:03,87	00:57,85												
	WOMEN		01:08,93												
100M BREASTSTROKE	MEN			01:55,95	01:52,52	01:38,28		01:27,64	01:23,33	01:31,52		01:19,96	01:23,32		
	WOMEN			02:12,42	02:04,91	01:57,52	01:52,66	01:40,66	01:37,46	01:44,33	01:33,85	01:34,39	01:36,52		
		SM5	SM6	SM7	SM8	SM9	SM10	SM11	SM13	SM14					
200M MEDLEY	MEN		03:09,51	02:59,39	02:48,12	02:40,70	02:34,22	02:47,19	02:30,39	02:34,80					
	WOMEN	03:57,92	03:30,56	03:26,85	03:12,49	03:03,01	02:53,84	03:12,34	02:51,42	02:54,45					

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