

2 februari 2020

Trefdag VE



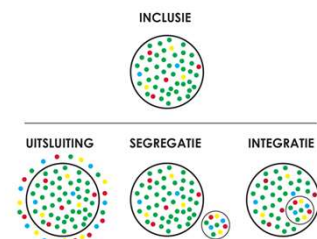
1

Steunpunt voor Inclusie

Ontstaan in 2012 uit de schoot van **Ouders voor Inclusie**

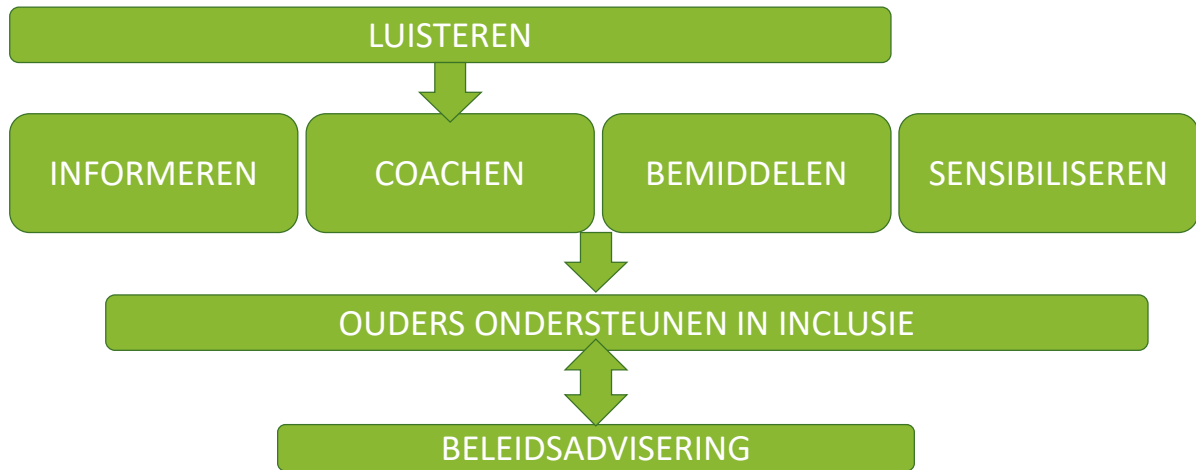
= Vereniging **van, voor en door ouders** van kinderen met een beperking, ongeacht de aard of graad van de beperking.

www.oudersvoorinclusie.be

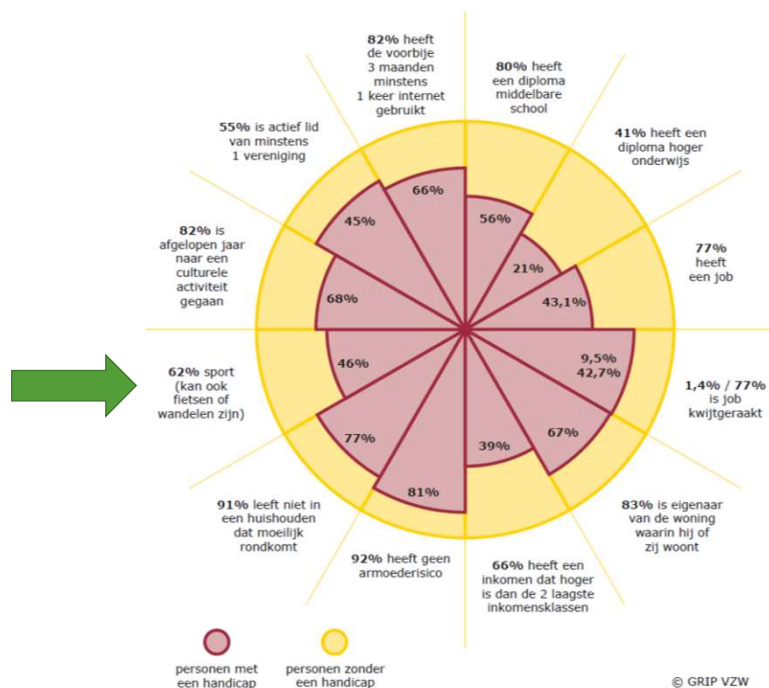


2

Wat doet het Steunpunt voor Inclusie?



3



4



5

'What is Mixed Ability?'

Including You in Sports

Ghent – 5th June 2019

Martino Corazza, Mark Goodwin, Mark Purvis – IMAS

Co-funded by the
Erasmus+ Programme
of the European Union

IMAS  **INTERNATIONAL
MIXED ABILITY
SPORTS**

6

The Dream



Anthony Brooke

Bumble Bees RUFC founder

'I supported my local team for years.

They would not let me play, they thought I would get hurt. Of course we get hurt, it's part of the game!'



7

MIXED ABILITY BOWLS FREE TASTER DAYS



MIXED ABILITY BOXING NON-CONTACT SESSIONS



MIXED ABILITY CRICKET Cricket for everyone!



8

**MIXED ABILITY
MOVEMENT & DANCE**
FITNESS, HEALTH AND HAPPINESS

برای یادگیری حرکات و رقصهای متنوع و لذت بردن از ورزش، این کلاس برای همه مناسب است. این کلاس برای همه مناسب است. این کلاس برای همه مناسب است.

**A COMMUNITY CLASS FOR WOMEN
OF ALL CULTURES AND ABILITIES**

MIXED ABILITY TENNIS
FOR ALL LEVELS AND ABILITIES

Mixed Ability Tennis is a great, fun and healthy way to meet new people and learn a new sport or improve your existing tennis skills. All are welcome!

HEATON
Tennis & Squash Club

MIXED ABILITY ROWING
An exciting way to try watersports, meet new people and have lots of fun.

LEARN A NEW SKILL. EVERYONE WELCOME!

Bradford Amateur Rowing Club

IMAS INTERNATIONAL MIXED ABILITY SPORTS

9

Supporting organisations

10



Mental Capacity

We believe that as long as a player has capacity to understand the risks, they are able to consent to take part in our great sport.



11

Mental Capacity



- Currently in MA teams there are players with:
 - Learning Difficulties and Disabilities, Autism, Downs and Asperger Syndrome, Cerebral Palsy, Diabetes, Physical Disabilities, Mental health conditions, Blind or Visually Impaired... as well as players without Disabilities!
- There may be some increased risks in players with disability e.g.:
 - A player with a pacemaker was advised by his consultant to avoid activity that could displace the pacing wires in his chest
 - This meant that he did not lift at the line out or take part in the scrummage as hooker
 - He plays regularly as a no. 8



12

Even het veld op!

- Wie de bal heeft vertelt over zijn
 - Al dan niet tijdelijke beperking die hij/zij nu ervaart of ooit ervaren heeft
 - Op welke manier je kon/kan participeren
 - Waarin je graag meer wou/wil participeren
- Gooi de bal naar een andere persoon



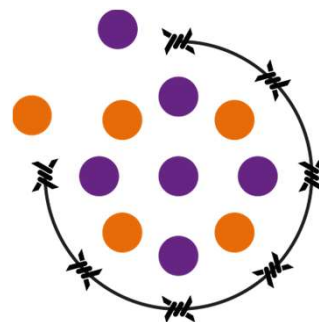
13

UN Convention on the Rights of Persons with Disabilities (2006)



Art. 30 – 5. With a view to enabling persons with disabilities to participate on an equal basis with others in recreational, leisure and sporting activities, States Parties shall take appropriate measures:

a) To encourage and promote the participation, to the fullest extent possible, of persons with disabilities in mainstream sporting activities at all levels.



IMAS  **INTERNATIONAL MIXED ABILITY SPORTS**

14



Mixed Ability is NOT...



TIME-LIMITED PROJECT

Mixed Ability is a long-term commitment, with frequent and regular sessions, not a box ticking exercise. All Mixed Ability activities are created with sustainability as a key objective.



DISABILITY SPORT

Mixed Ability is open to both disabled and non-disabled participants. Whilst Mixed Ability participants and teams do play against each other, we believe competing against mainstream opposition is key to accessing the full social benefits of the Mixed Ability model.



15



MA Rugby is NOT...



SEPARATE TO MAINSTREAM CLUBS

A Mixed Ability participant and team fits within a club in the same way any other member or team does. For example, Mixed Ability rugby teams play to the 'just another team' ethos.



QUICK FIX TO INCLUSIVITY

Simply hosting a Mixed Ability activity doesn't make a club inclusive, participants must be fully integrated in all aspects of a club.



POLITICALLY-CORRECT 'DISABLED SPORT'

The 'Mixed' in Mixed Ability refers to the variety of abilities that are competing together. We all are Mixed Ability players, regardless of dis/ability.



16

MA Rugby is NOT...



CLASSIFYING OR IDENTIFYING PEOPLE

Mixed Ability does not identify or classify participants based on their differences. Many participants join Mixed Ability activities as they do not want to be singled out.



ABOUT USING DIFFERENT RULES & REGULATIONS

Mixed Ability sports are played to the standard rules and regulations agreed by the national governing body. 'Reasonable adjustments' may be made, but without creating special rules.



17

Benefits to the Club



New members

Fresh input into the club.



Feel good factor

Creates a new family within the club.



Diversity

Being more representative of the local community.



Local recognition

Strengthen the club position in the community.



Club heritage

Re-engage founding members.



Sustainability

Re-engage and retain new and returning members



Motivation

Older participants want to get involved.



18

Changing the world.



imas  **INTERNATIONAL
MIXED ABILITY
SPORTS**

19

Vlaamse verhalen

- Hesselte Herten
- Bram

20



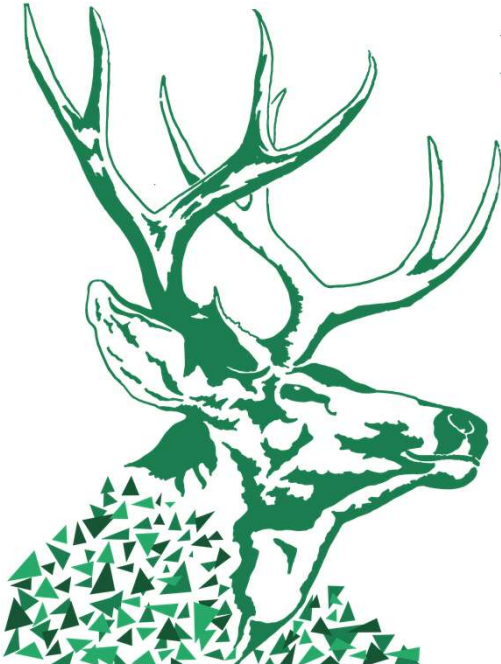
Hesselse Herten

Wat als...

We gewoon aan rugby deden?



21



Hoe het begon?

- Een vader van 2 kinderen met ASS
 - Verschillende “wegstuur”-ervaringen bij jeugdwerkingen...
- Nieuwsgierigen die het spel niet kennen
 - En wat terugdeinzen voor de competitieve eerste ploeg...
- oud”-spelers die afhaken o.w.v. blessures
 - Maar het spel missen...
- Sociale verbondenheid
 - “de derde helft”



22

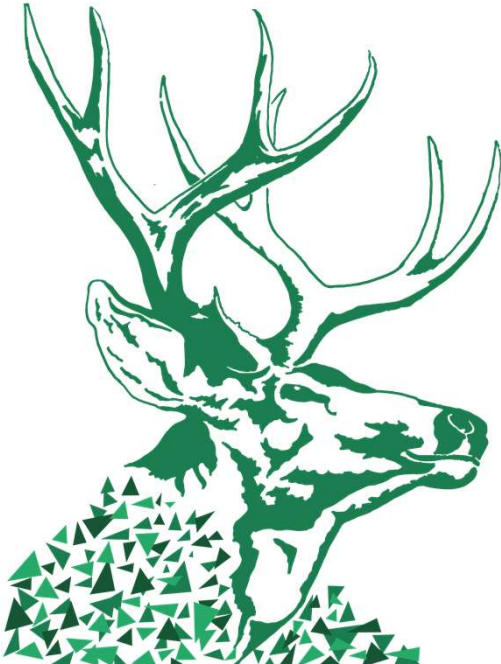


MIXed Ability Rugby (MIXAR)

- Voor wie?
 - Iedere M, V, X, vanaf 17 jaar die het veld kan op wandelen en de sport wil ontdekken.
- Waarom?
 - Omdat uitsluiting van oudsher de ergste straf is
 - Omdat rugby geen “type speler” heeft. Alle maten en gewichten zijn inzetbaar.
- Voordeel?
 - Een fysiek en mentaal uitdagende sport in hechte groep beleven.



23



Zijn we uniek?

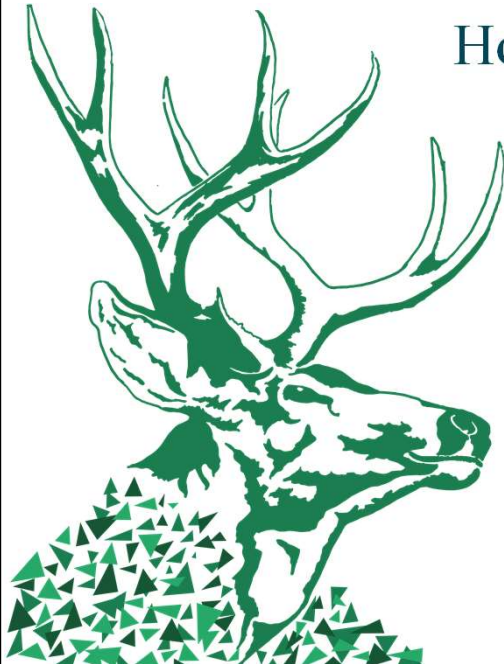
- Nee;
 - Rugbyclub Mechelen senioren 3
 - Flanders Barbarians
 - Interesse Leuven, Brugge, Gent, Dendermonde, Oudenaarde, Schilde, Haspinga,...
- Enkel in België?
 - Wereldwijd, juni 2020 = 3^e IMART (International Mixed Ability Rugby Tournament).
 - 720 spelers
 - 24 teams
 - 12 landen



24

Hoe ziet dat er uit?

<https://youtu.be/x4XctrH35KA>



- Doet dat pijn?
 - Ja, soms wel.
 - Maar we kiezen ervoor om contactrugby te spelen.
 - We kiezen ervoor om gewoon rugby te spelen.
 - Kies jij ook voor “all-in”-sporten?



25

Met dank aan



#SPORTERSBELEVENMEER
Beleef het, deel het!   



26



Bram

“Ik vind het leuk omdat de mensen mij accepteren om wie ik ben en mij ook goed opgenomen hebben in de club. Ik had niet beter durven dromen dan bij Martine te beginnen met karate. Dat is echt een buitenkans voor mij. Er zijn ook niet veel mensen met een beperking die kunnen zeggen dat ze in een gewone club sporten.”

→ Groepsgesprek:

- Wat en wie viel op?
- Belangrijkste bouwstenen in het traject van Bram?
- Wat maakt dit een krachtig verhaal?

27

Pitch!

- Maak een Poster
- Pitch jouw idee



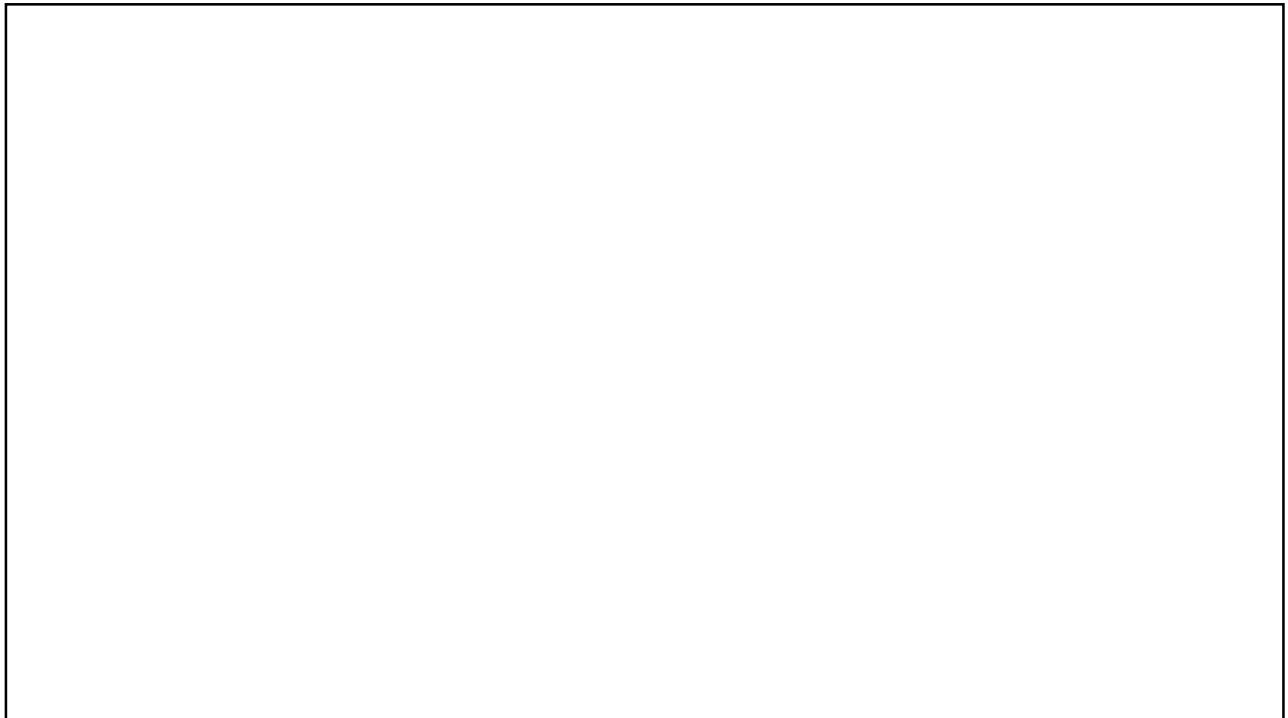
28

OASE

- Onderzoek
- Appreciatie
- Suggesties
- Effect



29



30